



FAQ - Health & Physical Education Curriculum Update September 2018

What has changed in the interim Health and Physical Education curriculum?

The significant change from the previous curriculum is the 2015 Human Development and Sexual Health topics has been replaced by the Growth and Development topic from the 1998 curriculum. For a comparison of changes, please select the appropriate grade:

[Grade 1](#)

[Grade 2](#)

[Grade 3](#)

[Grade 4](#)

[Grade 5](#)

[Grade 6](#)

[Grade 7](#)

[Grade 8](#)

What is happening in OCDSB classrooms?

Our teachers are designing lesson plans based on the expectations in [the Ontario Curriculum Grades 1-8: Health and Physical Education, Interim Edition \(re-issued 2018\)](#). They will continue to communicate with parents and guardians about what their children are learning and will continue to provide parents and guardians with a letter indicating when students will be studying topics pertaining to Growth and Development.

Teachers are student focused and their classrooms will reflect their students' lives and their experiences. Our schools will celebrate and reflect the diversity of our families and communities.

What do OCDSB schools look like?

The OCDSB has a strong commitment to equity and to creating inclusive, safe, and welcoming learning environments with an emphasis on encouraging student voice. For example learning resources will reflect the diversity and representation of our families and communities. Our schools will continue to support clubs and activities such as the Rainbow Youth Forum, Gay-Straight Alliance (GSA), and Kindness Clubs.

What if I have more questions?

Please feel free to contact your child's teacher or principal. We are here to help. There are a lot of parent resources available including the following documents:

[OCDSB Gender Identity and Expression Guide](#)

[Ontario's Equity and Inclusive Education Strategy \(2017\)](#)
[OCDSB Equity and Inclusive Education](#)
[OCDSB Safe Schools Policies](#)